



2009 VAIL LAKE CHALLENGE

SoCal Interscholastic League Series • Race #1

SoCal Interscholastic Cycling League
4412 Piedmont Ave. #1
Oakland CA 94611
(510) 653-2453
www.socaldirt.org

Sunday, March 8th, Start Time: 10:00 AM Vail Lake (Near Temecula)

RACE DESCRIPTION: Rollercoaster style single track and fast fire road climbs. Riders will be doing multiple laps (approx 6.0 miles per lap), see below for lap counts. **Registration opens at 8:00 AM.** *All participants must be registered for the 2009 SoCal Interscholastic League Series. Register at <http://www.socaldirt.org>.* A late fee of \$20 applies for riders who are not FULLY registered for the series and race #1 (including payment and mail-in forms rec'v'd) by March 3rd.

PRE-RIDE: The course is open for pre-ride on Saturday and we recommend everyone pre-ride the course, both for safety and also as a good warm-up.

DIRECTIONS:

From Highway 15 at Temecula,

Take highway 79 South, 9 miles to Vail Lake Resort

ACCOMODATIONS:

Camping at the race venue! The Campsites at Vail Lake are surrounded by shady one hundred year old Oak trees and thousands of acres of beautiful desert scenery. In the springtime the wildflowers bloom and the hillsides come alive in the most amazing colors.

Our event will be held adjacent to the Lower Merlot mesa campground area which offers the most convenient race support access (see map at http://www.vaillakeresort.com/index.php?p=2_2_Campsite-Map).

When you make reservations be sure and tell them you are with the High School race to get a 15% discount on camping. All sites have full hookups for RV's. There are also full amenities for campers, which includes hot showers.

There are also hotels within 15 miles to Vail Lake Resort. The hotels are located off the 15 highway near exits Rancho California and the South 79. Comfort Inn and Embassy suites are the most convenient, but there are many other hotels and motels to stay at in and around the Temecula area.

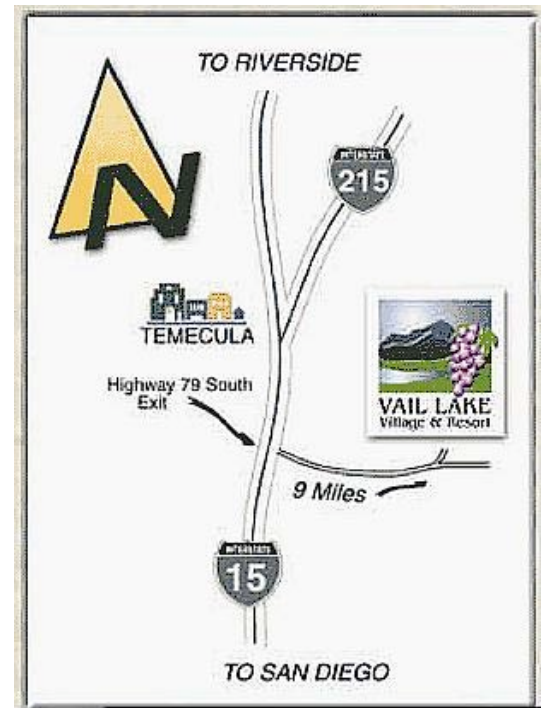
There is a \$5 parking fee for all vehicles, but this is waived for anyone who is camping.

FOOD SERVICE

The good folks from SoCal Endurance will be cooking hotdogs and hamburgers starting around 11am. Free food for racers and available for a small donation for everyone else (proceeds to offset costs and all profit goes to support the SoCal League). They will also be selling sodas and waters. Vail Lake Resort has a deli and grocery store, which will also be open the day of the race.

LEAGUE RULES

All riders, coaches and parents must comply with the League rules: <http://www.socaldirt.org/race/rules.htm>



Course map is available at www.socaldirt.org.

Category	Start Time	Laps	Approx. Distance
WAVE 1			
Varsity Girls	10:00 AM	3	18 Miles
JV Girls	10:05 AM	2	12 Miles
Frosh/Soph Girls	10:10 AM	2	12 Miles
WAVE 2			
Varsity Boys	11:40 PM	4	24 Miles
JV Boys	11:45 PM	3	18 Miles
Frosh/Soph Boys	11:50 PM	2	12 Miles

We hope you will stay after the race for the award ceremony.

MORE REGISTRATION INFO

1) If you registered for the 2009 Series (costs \$50) but did not register for Race #1, then you must register for Race #1 by paying the \$40 fee. There is a \$10 late fee for same day registration. Please pre-register at the Specialized Pitzone: <http://www.socaldirt.org/index.php> -OR- mail a check for \$40 and include the Race Number, and the name of the rider (can write in the check memo).

Mail checks to:

**SoCal HS MTB League
Attn: Race Registration
4412 Piedmont Ave. #1
Oakland CA 94611**

- 2) If you registered for the League and paid \$90 then you are already registered for Race #1.
- 3) If you registered for the League and paid \$190 then you are already registered for all 4 races.
- 4) If you are not registered for the 2009 League, you must register **online** at <http://www.socaldirt.org/register/rider>. A mail in release and payment are also required and a \$20 late fee applies if they are not received by February 24th.

OTHER IMPORTANT NOTES

- There is a fair amount of poison oak along the course. Those sensitive beware, use protection, and bring ways and means to cleanse after race (Tecnu is available at the League Merchandise Tent).
- Parking is limited at the venue. Try to carpool into the race and limit the number of vehicles each team brings.
- No gasoline generators inside the team pit area, please, and no open fires.
- No dogs off leash please.
- Those petitioning for exceptions to category placement must do so in the required timeframe before the race. Same-day petitions will not be considered.