



2009 LAKE ARROWHEAD CHALLENGE

SoCal Interscholastic League Series • Race #3

SoCal Interscholastic Cycling League
 4412 Piedmont Ave. #1
 Oakland CA 94611
 (510) 653-2453
www.socaldirt.org

Sunday, April 5th, Start Time: 10:00 AM
Lake Arrowhead

RACE DESCRIPTION: A challenging mixture of winding single-track, double-track and fire roads in the San Bernardino National Forest. Riders will be doing multiple laps (approx 5.3 miles per lap), see below for lap counts.

Category	Start Time	Laps	Approx. Distance
WAVE 1			
Varsity Girls	10:00 AM	3	16 Miles
JV Girls	10:05 AM	2	10.5 Miles
Frosh/Soph Girls	10:10 AM	2	10.5 Miles
WAVE 2			
Varsity Boys	11:40 PM	4	21.5 Miles
JV Boys	11:45 PM	3	16 Miles
Frosh/Soph Boys	11:50 PM	2	10.5 Miles

