



## 2009 LAKE ARROWHEAD CHALLENGE

SoCal Interscholastic League Series • Race #3

SoCal Interscholastic Cycling League  
4412 Piedmont Ave. #1  
Oakland CA 94611  
(510) 653-2453  
[www.socaldirt.org](http://www.socaldirt.org)

**Sunday, April 5th, Start Time: 10:00 AM**  
**Lake Arrowhead**

**RACE DESCRIPTION:** A challenging mixture of winding single-track, double-track and fire roads in the San Bernardino National Forest. Riders will be doing multiple laps (approx 5.3 miles per lap), see below for lap counts. **Registration opens at 8:30 AM.** *All participants must be registered for the 2009 SoCal Interscholastic League Series. Register at <http://www.socaldirt.org>.* A late fee of \$20 applies for riders who are not FULLY registered for the series and race #3 (including payment and mail-in forms rec'v'd) by March 31st.

**PRE-RIDE:** The course is open for pre-ride on Saturday and we recommend everyone pre-ride the course, both for safety and also as a good warm-up.

### **DIRECTIONS:**

**From all locations following the directions below** – you will arrive at the same place at the bottom of the mountain. Continue up the mountain on Highway 18 past the Crestline exit (road narrows), past the small town of Rim Forest, and past Rim of the World High School on your left. Turn left at the Lake Arrowhead turn off, Highway 173. Follow Hwy 173 for about two miles to a stop sign at the Lake Arrowhead Village. Turn right to continue around the lake on Hwy 173. You will go across the dam (where you see water on both sides of the highway). At the end of the dam you will turn right on Torrey Road. Follow Torrey Road and veer left up the hill to parking and race Start/Finish area.

**From San Fernando Valley/Pasadena** – Take 134/210 freeway east towards San Bernardino. 210 freeway merges with 30 freeway. Exit Waterman Avenue (Highway 18) and turn left, heading north toward the mountain.

**From Los Angeles** – Take 10 freeway east towards San Bernardino. Take 605 freeway north to 210 freeway east, towards San Bernardino. Exit Waterman Avenue (Highway 18) and turn left, heading north toward the mountain.

**From Orange County** – Take 91 freeway east towards Riverside. Take 215 freeway north. Take 30 freeway east towards "Mountain Resorts". Exit Waterman Avenue (Highway 18) and turn left, heading north toward the mountain.

**From Riverside/San Bernardino** – From 30 freeway, exit Waterman Avenue (Highway 18). Go north on Waterman Ave. heading toward the mountain.

### **ACCOMMODATIONS:**

**No camping at the race venue!** Several local area hotels and cabin rental resorts are a short drive away  
Mountain Country Realty (909) 337-4630  
Arrowhead Properties (909) 337-2403  
Lake Arrowhead Resort (909) 337-1511

### **FOOD SERVICE**

There is no food service at the race site.

### **LEAGUE RULES**

All riders, coaches and parents must comply with the League rules: <http://www.socaldirt.org/race/rules.htm>

**Course map is available at [www.socaldirt.org](http://www.socaldirt.org).**

Category	Start Time	Laps	Approx. Distance
<b>WAVE 1</b>			
Varsity Girls	10:00 AM	3	16 Miles
JV Girls	10:05 AM	2	10.5 Miles
Frosh/Soph Girls	10:10 AM	2	10.5 Miles
<b>WAVE 2</b>			
Varsity Boys	11:40 PM	4	21.5 Miles
JV Boys	11:45 PM	3	16 Miles
Frosh/Soph Boys	11:50 PM	2	10.5 Miles

*We hope you will stay after the race for the award ceremony.*

**MORE REGISTRATION INFO**

1) If you registered for the 2009 Series (costs \$50) but did not register for Race #3, then you must register for Race #3 by paying the \$40 fee. There is a \$10 late fee for same day registration. Please pre-register at the Specialized Pitzone: <http://www.socaldirt.org/index.php> -OR- mail a check for \$40 and include the Race Number, and the name of the rider (can write in the check memo).

*Mail checks to:*

**SoCal HS MTB League  
Attn: Race Registration  
4412 Piedmont Ave. #1  
Oakland CA 94611**

2) If you registered for the League and paid \$190 then you are already registered for all 4 races.

3) If you are not registered for the 2009 League, you must register **online** at <http://www.socaldirt.org/register/rider>. A mail in release and payment are also required and a \$20 late fee applies if they are not received by March 31<sup>st</sup>.

**OTHER IMPORTANT NOTES**

- Parking is limited at the venue. Try to carpool into the race and limit the number of vehicles each team brings.
- No gasoline generators inside the team pit area, please, and no open fires.
- No dogs off leash please.
- Those petitioning for exceptions to category placement must do so in the required timeframe before the race. Same-day petitions will not be considered.