



## 2009 COWPIE CLASSIC

SoCal Interscholastic League Series • Race #4

SoCal Interscholastic Cycling League  
4412 Piedmont Ave. #1  
Oakland CA 94611  
(510) 653-2453  
[www.socaldirt.org](http://www.socaldirt.org)

### Sunday, May 3rd, Start Time: 10:00 AM Los Olivos

**RACE DESCRIPTION:** Fun singletrack with lots of passing opportunities at the awesome SG Dirt Club Private Mountain Bike Riding Area in the beautiful Santa Ynez Valley. Riders will be doing multiple laps (approx 6.4 miles per lap) with about 600 ft of climbing per lap over rolling terrain; see below for lap counts. **Registration opens at 8:30 AM.** All participants must be registered for the 2009 SoCal Interscholastic League Series. Register at <http://www.socaldirt.org>. A late fee of \$20 applies for riders who are not FULLY registered for the series and race #4 (including payment and mail-in forms rec'v'd) by April 28th.

**PRE-RIDE:** The course is open for pre-ride all day on Saturday and on Sunday morning before 9:30 am. We recommend everyone pre-ride the course, both for safety and also as a good warm-up.

#### **DIRECTIONS:**

##### **From Highway 101:**

Exit at Highway 154 (just north of Buellton)

Take Zaca Station Rd (to the North)

Drive 1.35 miles and turn right through the large ranch gate

Follow the dirt road to the parking area



#### **ACCOMMODATIONS:**

**Camping available at the race venue!** Primitive camping is available for \$20 per car. No hookups! No open fires! BBQ grills are allowed but must have a fire extinguisher. To reserve a campsite please send an email to [intern@norcalmtb.org](mailto:intern@norcalmtb.org) with the subject line Los Olivos Camping.

#### **FOOD SERVICE**

There is no food service at the race site.

#### **LEAGUE RULES**

All riders, coaches and parents must comply with the League rules: <http://www.socaldirt.org/race/rules.htm>

**Course map is available at [www.socaldirt.org](http://www.socaldirt.org).**

Category	Start Time	Laps	Approx. Distance
<b>WAVE 1</b>			
Varsity Girls	10:00 AM	3	19 Miles
JV Girls	10:05 AM	2	13 Miles
Frosh/Soph Girls	10:10 AM	2	13 Miles
<b>WAVE 2</b>			
Varsity Boys	11:40 PM	4	26 Miles
JV Boys	11:45 PM	3	19 Miles
Frosh/Soph Boys	11:50 PM	2	13 Miles

*We hope you will stay after the race for the award ceremony.*

### **MORE REGISTRATION INFO**

1) If you registered for the 2009 Series (costs \$50) but did not register for Race #4, then you must register for Race #3 by paying the \$40 fee. There is a \$10 late fee for same day registration. Please pre-register at the Specialized Pitzone: <http://www.socaldirt.org/index.php> **-OR-** mail a check for \$40 and include the Race Number, and the name of the rider (can write in the check memo).

*Mail checks to:*

**SoCal HS MTB League  
Attn: Race Registration  
4412 Piedmont Ave. #1  
Oakland CA 94611**

2) If you registered for the League and paid \$190 then you are already registered for all 4 races.

3) If you are not registered for the 2009 League, you must register **online** at <http://www.socaldirt.org/register/rider>. A mail in release and payment are also required and a \$20 late fee applies if they are not received by April 28<sup>th</sup>.

### **OTHER IMPORTANT NOTES**

- No gasoline generators inside the team pit area, please, and no open fires.
- No dogs off leash please.
- Those petitioning for exceptions to category placement must do so in the required timeframe before the race. Same-day petitions will not be considered.