

St. Francis High's Mountain Bike Club Hits the Trails

By **TERESA AUBERT**
Special to The Outlook

The St. Francis High School Mountain Bike Club officially began its 2009-2010 season on December 2. In its second active year, the club has a total of twenty-one enthusiastic members who will participate in four mountain bike races as part of the SoCal Interscholastic Cycling League. Led by parent coach, Lee Bird, teacher coach, Patrick Donovan and alumni coach, Nick Gualtieri, the SFHS team will take advantage of the excellent local mountain terrain to train for the spring races, which will take place in Warner Springs, Vail Lake, Los Olivos and Lake Arrowhead.

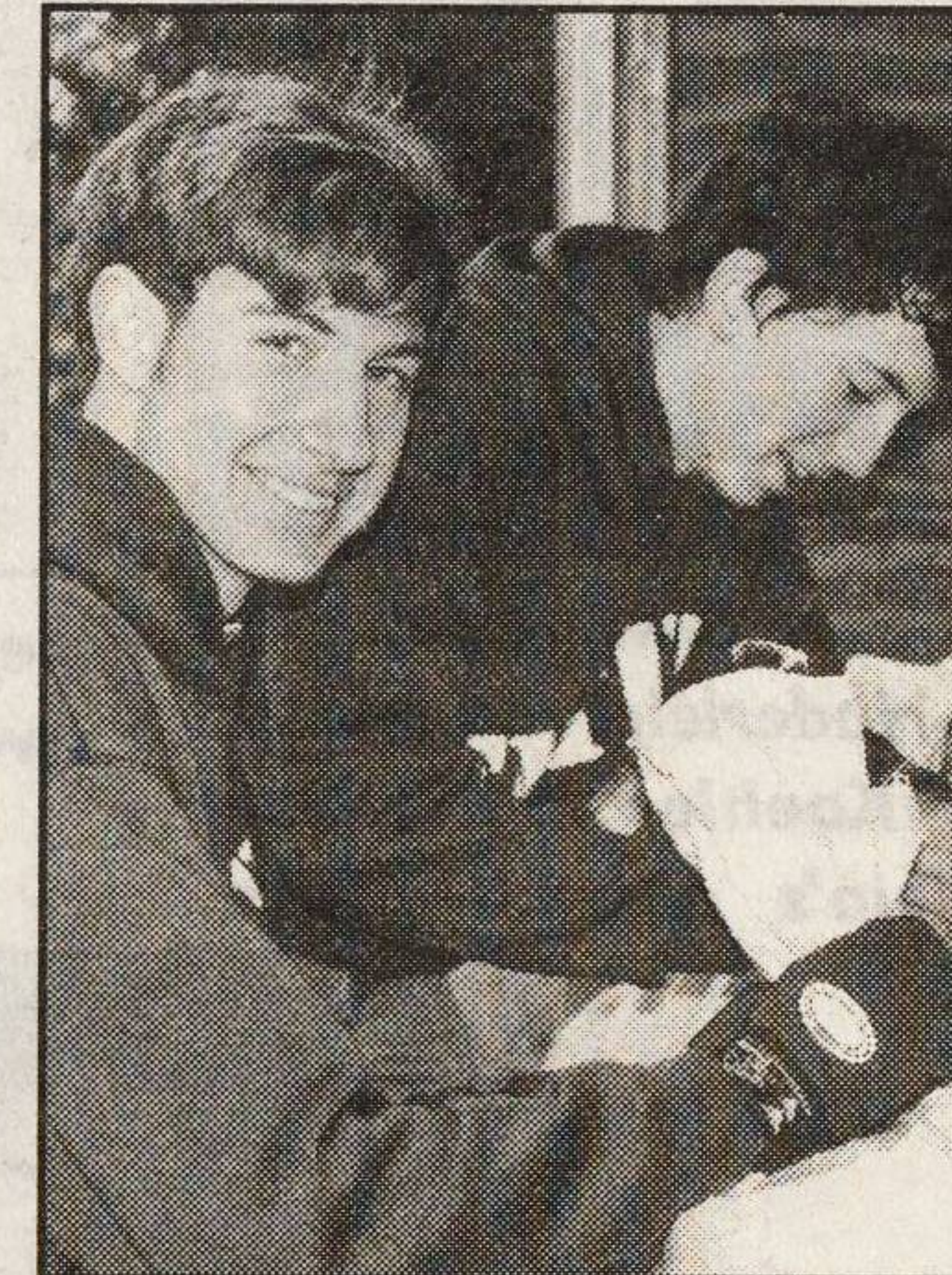
This year's team is supported by: Design Imports, Hollandays, Mountain Pine Shutters, Strategic Law Partners, Tom Clark Confections, Nu-Hope, JoBesh International, Mr. Julien Nordstrand, Stratz & Company, and Helen's Cycles.

As a part of each club season, the club is dedicated to participating in community service projects. The group's first project took place on Nov. 29 when more than ten club members and their parents helped set up a cyclo-cross race course for the annual Gene Galindo Memorial Turkey-Trot race in Glendale. Not only did they set up the course, but two club members also raced.

To learn more about the SFHS Mountain Bike Club and see the team's progress throughout the season, visit <http://stfrancisracing.blogspot.com/>.



Nick Garrison, Cameron Aubert, Sean Bird, Lance Bird, Steve Shushnar, Edward Kronfli, Matt Raba, Team Sponsor Ted Kronfli and Matt Kubly ready to set up for the Galindo Memorial Turkey-Trot cyclo-cross race.



Edward Kronfli and Steve Shushnar fill sandbags for the cyclo-cross course.



Matt Misetich practiced his bike repair skills at this season's first meeting of the Mountain Bike Club.

Photos courtesy Teresa Aubert



Scott Marshall, Chris Sercel, Nick Garrison, Coach Nick Gualtieri and Trent Carlson hit the trails.



Coach Bird takes the opportunity for a teaching moment with Connor Haas, Cameron Aubert, Christian Breitschwerdt, Matt Kubly, Nick Lopez, Edward Kronfli, Lance Bird, Matt Raba, Trent Carlson, Scott Marshall, Nick Garrison, Matt Misetich and Stefano Berrios.