



# Beach to Boulders

SoCal Interscholastic Cycling League  
2020 Series Race #1

**Middle School: Saturday March 7<sup>th</sup> at 2:00 PM**

**High School: Sunday March 8<sup>th</sup> at 9:15 AM**

**Lake Perris State Recreation Area**

**Daylight Savings happens overnight Saturday into Sunday.  
Move clocks ahead one hour before you go to bed!!!**

**DESCRIPTION:** Like a giant Cyclocross course with sand, grass, road, and one significant climb (on the high school course). One middle school lap is approximately 4 miles with 190 feet of climbing. One high school lap is approximately 6 miles with 420 feet of climbing. Lap counts below.

**PRE-RIDE:** All riders are strongly encouraged to pre-ride the course. Pre-ride of the whole course is open Saturday from 11:00 AM-2:00 PM (riders can session the parts of the high school course NOT on the middle school course after 2:00 PM but please leave the middle school course clear for racing) and Sunday from 7:30-9:00 AM. **Pre-ride with map and identification.**

**DIRECTIONS:** From Highway 215 near Perris exit Ramona Expressway/Cajalco Expressway and head east. Turn north on Lake Perris Drive. Enter park. Continue east onto Alta Calle. Campground and infield are near intersection of Alta Calle and Transition Road. There is a per vehicle gate charge for non-camping vehicles.

**ACCOMODATIONS:** Camping at the venue! Lake Perris has many partial RV hookup and non-hookup tent sites set aside for our event. To reserve camping go to [www.reservecalifornia.com/CaliforniaWebHome/](http://www.reservecalifornia.com/CaliforniaWebHome/) and search for "Lake Perris SRA."

**GRIT YOGA:** Join the GRIT Ambassadors at Lake Perris for Yoga with Tammy! We will be meeting at the GRIT Tent Saturday at 3 p.m. and Sunday at 9 a.m. to go through a stretching-focused yoga routine. Bring a beach towel or yoga mat, a teammate, and join the fun! Remember, this event is FREE and EVERYONE (girls, boys, moms, dads, friends, siblings, etc) is invited!

**FOOD SERVICE:** Selections might include: **Ramona Express Mexican Food, Nichos Ice Cream Bars, Chicken on a Stick, and Coffee**

**NEUTRAL SUPPORT:** **Velofix** ([www.velofix.com](http://www.velofix.com) for more info) will be on hand providing Neutral Support. They can provide mechanical assistance prior to your race start. **Please do not abuse Neutral Support! Neutral Support is for emergency fixes of bikes ONLY! Neutral support is NOT a place to bring poorly maintained bikes for free work. If mechanics staffing Neutral Support believe your fix is not an emergency they may contact the Race Director who may have your bike removed from Neutral Support.** Mechanics staffing Neutral Support may work on non-emergency fixes for a fee if time is available.



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## Saturday Middle School Racing Schedule

Race #1: Beach to Boulders				
Field	Start Time	Laps	Mileage	Numbers
<b>WAVE 1</b>	<b>Stage 1:45 PM</b>			
Girls Level 3 Grades 7/8	2:00 PM Sat	2	8	1000s
Girls Level 2 Grades 6-8	2:04 PM Sat	2	8	2000s
Girls Level 1 Grades 6-8	2:08 PM Sat	2	8	3000s
<b>WAVE 2</b>	<b>Stage 2:45 PM</b>			
Boys Level 3 Grades 7/8	3:00 PM Sat	3	12	4000s
Boys Level 2 Grade 8	3:03 PM Sat	2	8	5000s
Boys Level 2 Grade 6/7	3:06 PM Sat	2	8	6000s
Boys Level 1 Grade 8 (Even Number Plates)	3:09 PM Sat	2	8	7000s
Boys Level 1 Grade 8 (Odd Number Plates)	3:12 PM Sat	2	8	7000s
<b>WAVE 3</b>	<b>Stage 3:45 PM</b>			
Boys Level 1 Grade 7 (Even Number Plates)	4:00 PM Sat	2	8	8000s
Boys Level 1 Grade 7 (Odd Number Plates)	4:03 PM Sat	2	8	8000s
Boys Level 1 Grade 6 (Even Number Plates)	4:06 PM Sat	2	8	9000s
Boys Level 1 Grade 6 (Odd Number Plates)	4:09 PM Sat	2	8	9000s



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## High School Conferences

\* Teams and independent riders are broken into 3 geographic conferences (north, central, south) for high school categories with multiple fields (Freshman Boys, JV1 Boys, and JV2 Boys). Please check with your Team Director to confirm your conference. Independent riders please email [matt@socaldirt.org](mailto:matt@socaldirt.org) if you need to confirm your conference. You can self-check your conference by comparing your assigned race plate number with the high school race schedule below.

### Sunday High School Racing Schedule

- Note that categories split into multiple fields rotate their start time within their wave throughout the season.

Field	Start Time	Laps	Mileage	Numbers
<b>WAVE 1</b>	<b>Stage 9:00 AM</b>			
JV1 Boys North	9:15 AM Sun	2	11	1000s
JV1 Boys Central	9:20 AM Sun	2	11	2000s
JV1 Boys South	9:25 AM Sun	2	11	3000s
<b>WAVE 2</b>	<b>Stage 10:15 AM</b>			
Freshman Boys North	10:30 AM Sun	2	11	4000s
Freshman Boys Central	10:35 AM Sun	2	11	5000s
Freshman Boys South	10:40 AM Sun	2	11	6000s
<b>WAVE 3</b>	<b>Stage 11:30 AM</b>			
Varsity Girls	11:45 AM Sun	3	16.5	100s
JV2 Girls	11:49 AM Sun	2	11	200s
Freshman Girls	11:53 AM Sun	2	11	300s
JV1 Girls	11:57 AM Sun	2	11	400s
<b>WAVE 4</b>	<b>Stage 1:15 PM</b>			
Varsity Boys	1:30 PM Sun	4	22	500s
JV2 Boys North	1:34 PM Sun	3	16.5	7000s
JV2 Boys Central	1:38 PM Sun	3	16.5	8000s
JV2 Boys South	1:42 PM Sun	3	16.5	9000s



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*We hope you will stay after the racing for our award ceremony each day!!!*

**REGISTRATION:** All riders planning on racing need to be **"Practice Ready"** online in the Pit Zone before online registration closes at 11:59 PM on Monday night 03/02/20. "Practice Ready" means you have completed your online profile, e-signed your online paperwork, and paid your season fee. If you are "Practice Ready" in the Pit Zone when registration closes you CAN pay your RACE registration on site (plus a \$10 late fee). Easiest is to pre-register for your race online. Contact your Team Director to get registered. Independent riders should contact League Director Matt Gunnell at [matt@socaldirt.org](mailto:matt@socaldirt.org) for registration information. Each racer will receive a number plate with embedded computer chip **TO BE KEPT AND USED ALL SEASON**. Replacement plates cost \$10 and are available on site at race registration.

<b>2020 Race Pricing</b>	<b>Cost</b>	<b>Late Fee at Race</b>
High School Per-Race Fee	\$50	\$10
Middle School Per-Race Fee	\$30	\$10

*Please bring checks or cash if registering on site at a race. Limited cell coverage sometimes makes using credit cards at a race impossible.*